



FOOT *ionic detox* BATH

what it is

An ionic detox foot bath is a natural method of assisting the body in eliminating harmful toxins, heavy metals, and other harmful foreign matter. During a session the client sits in a comfortable chair. Most individuals find the experience VERY relaxing and it is not unusual for the client to fall asleep. The session takes about 30 minutes. Some people may experience a slight tickling or tingling sensation from the ionic detox foot bath.

who it helps

This is suggested therapy for people who have accumulated many stored toxins and are not able to get rid of them efficiently, due to overworked liver, spleen, and kidney functions. This is a safe therapy for anyone over the age of 10 years, except for those who wear a pacemaker or have seizures.

what to expect

Most people will feel relaxed, balanced, and focused. There is usually no pain. People who suffer from excessive toxicity may experience some discomfort as their body releases toxins from the tissues for elimination. Clients are encouraged to drink plenty of water to assist with making elimination easier and to continue the detoxification benefits. Some people may experience fatigue or headache after a session.

The above information has not been evaluated by the FDA. The products mentioned are not intended to diagnose, treat, cure, or prevent any disease. Information is for educational purposes and is not intended to replace the advice of your medical doctor.